



MISSOURI RETINA CONSULTANTS, PC

ONE WEEK AFTER SURGERY INSTRUCTIONS

You made it through the first week! Moving forward, please follow these instructions to ensure your success:

Eye Meds



Use This 2 x Daily
(morning and evening)

Use This 1 x Daily

When the white/pink cap bottle runs out, stop using both bottles.

Additional Meds: _____

Positioning

If you had a gas bubble in your eye, your position should be:

Face Down

Right Side Down

Left Side Down

Head Tilting Down

Sitting Upright

No Positioning

Activity

You may resume more normal activity but try to avoid things that cause straining or significant exertion for another week. You may stop using the shield at night.

Normal Expectations After Surgery

The scratchiness and irritation will continue to improve but it may take a month or longer for the eye to look and feel normal. Usually after a month, you may try to use contact lenses if applicable. It is optimal to wait three months after surgery to obtain new glasses.



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Concerning Symptoms for Which to Call

If your vision becomes worse such as not being able to see movement or light from the surgical eye, especially if there is significant aching of the eye, nausea, or vomiting, you may be experiencing a significant problem - please call us immediately.

Your eye may remain dilated even after discontinuing the Atropine drops for 1-2 weeks.

Dr. Keithahn and her staff want you to have the best surgical outcome. Please call us for questions or concerns 24/7 at **573-777-8738**. Thank you for entrusting us with your care.